



# Pomme

## NATURAL MARKET



### Beanfields Bean & Rice Chips

Indulge your taste buds with the distinctive crunch and delicious flavors. They will be your anytime, go-to chip even before you realize how much better for you they are.

1.5kg **\$3.49 EA**



### Earth's Own So Fresh Non-Dairy Beverages

Perfect any time of day, hot and cold and delicious!

1.5L **\$2.99 EA**



### Bakery On Main Oatmeal

A premium gluten free product made in small batches, in a state of the art facility.

1.5kg **\$6.49 EA**

### Maison Orphee Salad Dressings

These dressings are produced with the best ingredients and contain 100% natural ingredients that are both gluten free & vegan.



1.5L **\$3.99 EA**



### Happy Planet Soups

Happy Planet soups are fresh and prepared by local food and global flavors. Share some of the world's best meals today.

INCLUDES **GLUTEN FREE VARIETIES**  
1.5L **\$5.69 EA**

### Amy's Kitchen Pizzas

At Amy's Kitchen, everything is made by hand using the freshest organic ingredients they can find.

INCLUDES **GLUTEN FREE VARIETIES**  
1.5kg **\$8.99 EA**



### Chosen Foods Avocado Mayo

Chosen Foods avocado oil mayo is made with pure avocados oil. The eggs come from happy, cage free chickens. 100% non-GMO ingredients, a touch of organic honey, and rosemary extract as a natural antioxidant to preserve freshness.

1.5L **\$14.49 EA**



### Nature's Path Eco-Pac Cereals

Crunchy and delicious by some with milk, without alternatives, or straight out of the bag.

INCLUDES **GLUTEN-FREE VARIETIES**  
1.5kg **\$8.49 EA**



### Lundberg Family Farms Organic Rice

Lundberg Family Farms is committed to producing the finest quality rice while respecting and sustaining the earth, GMO free!

1.5kg **\$7.49 EA** **\$9.99 EA**

### Boulder Canyon Potato Chips

Premium kettle cooked potato chips.

1.5kg **\$3.49 EA**



### Nutiva Organic Hazelnut Spreads

Organic Hazelnut Spreads - 40% less sugar than the leading brand with 4-5g of fibre, 450mg Omega 3, non-GMO, vegan, and delicious.

250g **\$8.99 EA**



### Pacific Foods Soups

Includes **GLUTEN FREE VARIETIES**



1.5L **\$4.99 EA**

**Nanaimo**  
6560 Metral Drive  
Open 9am - 7pm 7 Days A Week  
(250) 390-1955

**November 1st to November 28th, 2017**

\*Items may not be available at all locations.  
Prices May Vary

**NEW LOWER PRICES**

**ON ORGANIC PRODUCE**



**FARM FRESH, DIRT CHEAP**