



The Celiac Scene™

Guides for the **Gluten Free**

Safe French Fries & More in Victoria & Vancouver Island

These locations only. Always confirm with server.

Bard & Banker 1022 Gov't St, Victoria • *GF notations, gluten-removed beer.* 250-953-9993

Beacon Landing 2537 Beacon Ave, Sidney 250-656-6690

Big Wheel Burger 341 Cook St 250-381-0050 • 703 Vernon Ave 778-265-5140

Bin 4 Burger Lounges - All three locations now have a dedicated deep fryer! 716 Goldstream Ave 778-265-5464 • 3271 Maple St 250-590-6565 • 911 Yates St 250-590-4154

Bravocados • 368 Main St, Tofino • huge vegetarian, vegan menu 250-725-3667

Brie & Barrel • 5059 Argyle, Port Alberni • same owners as Bravocados 250-724-0010

Crows Restaurant 123 Gorge Rd, Victoria 778-265-2762

Dick's Fish & Chips 1003 Island Hwy, Campbell River 250-287-3336

El Faro Fusion 2305 Otter Bay Rd, Pender Island • (250) 951-6224 • fish & chips, tortilla chips, poutines, tostadas, tacos, GF Beer

Eve Olive 5281 Rutherford Rd, Nanaimo 250-585-5337

Fishhook at Mermaid Wharf 407 Swift St, Victoria 250-590-6988 • *poutine!*

Fish on Fifth 9812 Fifth St, Sidney 250-656-4022 • *GF batter, dedicated deep fryer, fish, chips, ONION RINGS GF vegan ice-cream, GF cones. Will not guarantee other menu items celiac-safe*

Floating Fish Store 12 Erie St 250-383-6462 • *sorghum-flour battered fish, oysters*

Harvest Road 2451 Island View Rd Seasonal • *behind Michell Farm, fresh corn & potatoes*

Irish Times Pub 1200 Gov' St 250-383-7775 • *GF beer, safe fries, can adapt menu items*

Jones BBQ 1725 Cook St, Victoria 778-265-4227 • 100% GF except for gluten buns & tacos

La Fogata Latina 749 View St 250-381-2233 • *deep-fried plantain & cassava GF Hot Dogs!*

Long Beach Beach Lodge 1441 Pacific Rim Highway, Tofino 250-725-2442 • *Fish, chips & more*

New York Fries Bay Centre, Mayfair Mall, Hillside Mall • *fresh cut potatoes, ask for salt only*

Old Fork 140 Trans Canada Highway, Duncan 250-748-4311 • *dedicated fryer, chef is celiac*

Oak Bay Seafood 2024 Oak Bay Avenue 778-432-0227 • *all batters GF, dedicated fryer*

Penny Farthing 2228 Oak Bay Avenue 250-370-9008 • *Bard's Beer*

Pirate Chips Nanaimo 75 Front St • *Fish, chips and Deep-Fried S'mores!*

Red Robin 800 Tolmie Ave 250-386-4440

Rumrunners Pub & Restaurant 9881 Seaport Pl, Sidney 250-656-5643 • *yam fries, too*

Six Mile Pub 494 Old Island Hwy 250-478-3121 • **ONION RINGS**, *yam fries, calamari, wings!*

Tartan Toque 1507 Pandora 778-265-9464 • *deep-fried pickles & wings, ask for fresh burger toppings*

Union Street Grill & Grotto 477 5th St, Courtenay • *Comprehensive GF menu*

* If a restaurant does NOT appear on this list - there may be a good reason. Contact ellen@theceliacscene.com to learn more.

Do you know a restaurant with a dedicated gluten-free deep fryer? Tell us about it!