





HARMLESS HARVEST Complete Line On Sale **Assorted**



% OFF

NUTRASEA Omega 3 Oils Assorted

HARMONIC ARTS

Mushroom Tinctures

Assorted



MOTHER RAW Dressings

Assorted

























YOGGU Dairy-Free Yogurt











450g



ENER-C

Assorted



PAGES OF **SAVINGS!**

Yoggu!

WWW.POMMENATURALMARKET.COM

PORT COQUITLAM 2755 LOUGHEED HWY OPEN 8AM - 10PM 7 DAYS A WEEK [604] 475-2505

NANAIMO 6560 METRAL DRIVE OPEN 8:30AM - 8PM 7 DAYS A WEEK [250] 390-1955

OFFERS VALID MAY 26TH TO **JUNE 29TH 2022**

*ITEMS MAY NOT BE AVAILABLE AT ALL LOCATIONS. PRICES MAY VARY

GROCERY

EARTH'S OWN

Plant-Based Milk





SEASNAX

Complete Line On Sale









natural fish oils, which results in a rich flavour and loads of extra



PUR

Complete Line On Sale



ROCK COAST CONFECTIONS

Protein Bars





55g





RAINCOAST TRADING CO

CANNED TUNA

142g-150g

Single-cooked and packed in

nutrition.

GTS LIVING FOODS

Kombucha







FIELD ROAST

Plant-Based Flavour Trailblazers





EVIVE NUTRITION SMOOTHIES

Assorted

- The original blender-free smoothie!
- Made with whole fruits and vegetables, superfoods and plantbased protein.









SIMPLY PROTEIN Complete Line On Sale











NOOCHPOP

Popcorn

Nooch









10%

(VEGAN)

120g





FLOW NATURAL ALKALINE WATER

1L

- Flow is 100% naturally alkaline water sourced from our artesian springs.
- It has a smooth, clean taste and comes in eco-friendly packaging.
- · Because the water you drink matters.





GROCERY

ACROPOLIS Organic Kalamata Olives

315ml











HAPPY PLANET

Smoothies

(ORGANIC)(VEGAN)(RAW)







LET'S DO ORGANIC

Ice Cream Cones







STAHLBUSH ISLAND FARMS FROZEN FRUIT

Assorted

- Stahlbush frozen is SO fresh!
- As the farmers and the processors, Stahlbush is able to leave their products in the field or on the vine until perfectly ripe and then freeze immediately after harvest, sealing in the perfect flavour.







HORNBY ORGANIC

Bars







INDIAN LIFE Complete Line On Sale











TONICA Low Sugar Kombucha















GROCERY

EARTH'S OWN

Oat For Coffee & Cooking









(VEGAN) (KETO)



SAPSUCKER SPARKLING MAPLE WATER

4pks

- Sapsucker is organic, sparkling tree water.
- The subtle bubble and slightest hint of natural sweetness make it delicious, easy to drink and unexpectedly refreshing.



























Yerba Mate Energy Infusion

















LARABAR









RAWESOME CASHEW CREAM CHEESE

227g

- A pure whole food nondairy alternative, made only with raw cashews, filtered water and spices, cultured with organic enzymes.
- · With no added oils, gums nor fillers, Rawesome offers a truly healthy vegan option, naturally gluten-free, soy-free and Non-GMO.







NON GMO Project



CHIMES Ginger Chews







MANITOBA HARVEST ORGANIC HEMP HEARTS

Assorted

- With a rich nutty flavour, these hemp hearts add nutrition to any meal or snack.
- Perfect on your cereal, yogurt, salad or smoothie.



GROCERY

PLUM M GOOD

Organic Rice Cake Thins







LE GRAND





RIGHTEOUS

Gelato & Sorbetto







LE GRAND Pesto





SOBER CARPENTER

Non-Alcoholic Beer & Cider









MAISON



735g

- A delicious source of plant-based protein and fibre, and a great source of calcium, iron and heart healthy fat.
- Nothing added.
- Canadian made since 1989.



HODO SOY Tofu





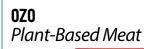




MAISON ORPHEE









VITAMINS AND SUPPLEMENTS

FLORA Ferritin +





EVERYONE Liquid Soap



Ferritin+ is a naturally protein-coated form of iron found in peas.

- It allows for controlled release and efficient absorption, which helps to minimize digestive upset.
- Non-Constipating Non-toxic.









- · 100% natural, from ethical and sustainable sources, vegan and cruelty-free.
- We're here to help you in your pursuit of wellness of your body, mind and soul.



RENEW LIFE New Shelf Stable Probiotics





Assorted

- · Renew Life Probiotics offers a full line of probiotic supplements.
- **Encompassing everyday** digestive health options with quality products.



NORTH COAST NATURALS Ultimate Daily Greens







Assorted

- A mix of 52 superfoods.Concentrated superfruits,
- land and sea greens.
- · Includes Aquamin Seaweed derived minerals and Moringa Leaf.

 • Prebiotics & probiotic
- support. Highly Alkalizing.
- No soy or pollen containing ingredients.



GARDEN OF LIFE Sport Proteins









No added sugars, no gluten, no fillers, no preservatives.

Made without soy & Non-GMO Project Verified.











Built for anyone who wants to be











BIOSIL





Assorted

- New easy to swallow liquid capsules!
- Protects existing collagen.
- Reduces fine lines and wrinkles.
- Clinically proven.
- 100% Vegan.



ORGANIKA Activated Charcoal Powder





Assorted

- · Food-grade oxygen activated.
- · Cleans pores and removes toxins from the skin
- Whitens teeth without
- scratching. Sustainably sourced and Vegan Friendly.



CANPREV LIPOSOMALS

Assorted

- Liposomals are a revolution in nutrient delivery.
- They swiftly and safely transport active nutrients direct-to-cell, allowing for a smaller, more effective dose that lasts all day.









Liposomal

VITAMINS AND SUPPLEMENTS

SUKIN Complete Line On Sale



Assorted

(VEGAN)

- · Australian made.
- Nourishing botanicals.
- Cruelty free





DIY Elderberry Gummy Klts



118ml

- · Organic do it yourself gummies.
- Made with Canadian organic 100% elderberry concentrate.
- A great source of antioxidants.



BEE KIND Beeswax Wraps



Assorted





DERMA E Sun Care



- Provides powerful UVA/UVB broadspectrum protection.
- Our mineral sunscreens are made with Non-Nano Zinc Oxide.







HONIBE Honey Lozenges



Assorted

· Honibe combines real honey with menthol and eucalyptus for fast and effective soothing relief of cough, sore throat and congestion.



GREEN BEAVER Antiperspirant

Assorted

- · 100% natural, free of aluminum. parabens, and artificial fragrances.
- · 24hr protection against odours and wetness.



PURICA Menopause Relief





Assorted

- · Naturally balances hormones and reduces stress.
- Clinically Proven to halt hot flashes and night sweats.
- Regulates mood, enhances libido and skin health.



ALL GOOD Sun Care



- **Assorted**
- · Clean ingredients. Botanical-based
- ingredients.





SPROOS COLLAGEN

Assorted

- Sproos® sources only the highest grade premium marine collagen.
- Wild-caught North Atlantic fish (cod, pollock and haddock).
- 10 g of collagen per serving.
- Type I Collagen.
- For skin, hair, nail and joint support.
- Pure hydrolyzed collagen peptides - nothing else added!
- Processed locally in Canada.
- Produced in a Health Canada approved GMP Certified Facility.
- Non-GMO Project Verified.
- Tested to meet stringent Canadian and EU standards for heavy metals.
- Highly soluble: dissolves easily into both hot and cold beverages.
- Low molecular weight ensures maximum absorption.
- Keto and paleo-friendly.











Natural Factors BioCoenzymated Active B Complex

- Aids nutrient metabolism to help support energy production in the body.
- Helps in the formation of red blood cells and supports normal growth and development.
- Helps support liver function and is important in the maintenance of good health.



Assorted



Aeryon Wellness Up and Away

14ct

- Canada's First 100% Boric Acid Kit.
- Relieves Vaginal Candidiasis.
- Relieves Bacterial Vaginosis.
- Supports vaginal health.
- Applicator included.
- Vegan.



HEALTHOLOGY GoLax







Assorted

- GO-LAX provides a gentle, effective solution for occasional constipation.
- It works to hydrate and soften the stool, promote peristalsis, soothe the gut lining, and promotes bowel movements.
- Non-habit forming, nonpurgative formula.



AQUA OMEGA High DHA Oils

Assorted

- High DHA gummies. Supports good health. Gelatin-free.
- Sugar-free.
- No artificial colours or flavours.
- Great taste.



LIVING ALCHEMY Your FLORA Man





60Cap

- New Your Flora MAN.
- · For Men of all ages. Diverse Strain Symbiotic with added Saw
- Palmetto and Cranberry. · Promotes a favourable gut flora, healthy prostate, and urinary tract balance.



NEW ROOTS Human Probiotics



Assorted

- · Source of probiotics formulated with 12 therapeutic strains of human origin.
- · Helps support intestinal/ gastrointestinal health.
- **Enteric-coating probiotics** for optimal results.



NEW ROOTS Certifed Organic Prostate Perform



Assorted

- · Reduces urgency to urinate, especially sleep-disrupting nighttime urination.
- Comprehensive support for better prostate health.
- Helps reduce urologic symptoms of BPH such as weak flow and incomplete



EVERY MAN JACK Complete Line On Sale



Assorted

· We strive to use as many naturally derived and plant-based ingredients as possible, while still delivering exceptional performance.



JOIN US IUNE 18TH MER'S HER TIME TO CELEBRA