

Pomme

NATURAL MARKET

HARMONIC ARTS Elixers Assorted

15% OFF



SUKU Gummies Assorted

20% OFF



SMART SOLUTIONS Love & SEXsmart Assorted

20% OFF

LE GRAND Vegan Butter 227g

25% OFF



CHA'S ORGANICS Complete Line On Sale Assorted

20% OFF



ACROPOLIS XV Olive Oil Bioharvest 1L

20% OFF



10
PAGES OF
SAVINGS!

WWW.POMMENATURALMARKET.COM

PORT COQUITLAM
2755 LOUGHEED HWY
OPEN 8AM - 10PM 7 DAYS A WEEK
(604) 475-2505

NANAIMO
6560 METRAL DRIVE
OPEN 8:30AM - 8PM 7 DAYS A WEEK
(250) 390-1955

OFFERS VALID
FEBRUARY 2ND -
MARCH 1ST 2023
*ITEMS MAY NOT BE AVAILABLE
AT ALL LOCATIONS.
PRICES MAY VARY

GROCERY

CHOCXO

Complete Line On Sale

15% OFF

Assorted



LUCKY

Complete Line On Sale

20% OFF

Assorted

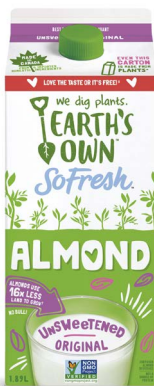


EARTH'S OWN

Almond Beverages

20% OFF

1.89L



KARTHEINS

Organic Sauerkraut And Kimchi

15% OFF

Assorted



BRAGG

Apple Cider Vinegar

10% OFF

473ml



MAISON ORPHEE

Oils

15% OFF

Selected



SALT SPRING COFFEE

Whole Bean Coffee - Classic

10% OFF

400g



PRANA

Granolove And Oats

10% OFF

Assorted



GINGERDOG

GINGER SHOT

60ml/480ml

- Fresh organic Peruvian ginger root to boost immunity and digestion.
- 4 ingredients - fresh apple, ginger, lemon, and acerola cherry powder.

15% OFF



EVE'S

CRACKERS

108g

- Female founded in British Columbia.
- Made with flax seeds sourced from Canadian farmers in Manitoba.
- Savoury, crunchy, totally addictive and very high in fibre.

15% OFF



GROCERY

CHIMES

Complete Line On Sale

20% OFF

Assorted



LOTUS FOODS

Asian Noodles

15% OFF

227g



BINGO

Organic Cheeses

20% OFF

Assorted



APPLESNAX

Applesauce

15% OFF

Assorted



CARBONAUT

Bread

20% OFF

544g-550g



THEO

Complete Line On Sale

10% OFF

Assorted



49TH PARALLEL

Coffee

10% OFF

340g



HARDBITE

Potato Chips

\$4.49 EA

150g



NINA'S PIEROGI

Assorted

- A family owned and operated company offering a wide selection of regular, gluten-free and plant based pierogies made with locally sourced ingredients while avoiding the top 9 common allergens.

10% OFF



BUBBIES FINE FOODS

COMPLETE LINE ON SALE

Assorted

- Inside each jar of Bubbies you'll discover naturally fermented foods made with a special blend of spices.

15% OFF



ORGANIC

RAW



ORGANIKA FAV KETO PEANUT BUTTER CUP 2pk

- Better-for-you treat made with natural peanut butter + collagen+ cocoa.
- A smarter way to indulge your sweet tooth.

15% OFF



FOOD FOR LIFE FROZEN BREAD

Assorted

- Made from freshly sprouted organically grown grains.
- Rich in protein, vitamins, minerals and natural fibre with no added fat.
- Rich nutty flavour.
- Complete plant protein — containing all 9 essential amino acids, with 18 in all.

10% OFF



GROCERY

CAMINO & EQUAL EXCHANGE Hot Chocolate And Tea

15% OFF



Assorted



KETTLE Chips

10% OFF



Assorted



FERNWOOD Coffee

15% OFF

Assorted



LOVE CRUNCH Granola

10% OFF



Assorted



TEA'D GREENS Tea

10% OFF

Assorted



OMEGA NUTRITION Condiments

15% OFF

Assorted



DAINTY Rice

10% OFF

900g



GARDEIN

Complete Line On Sale

15% OFF

Assorted



GROCERY

RAINCOAST TRADING CO. Salmon And Sardines

10% OFF
Assorted



PAMELA'S Baking Mixes

15% OFF
1.81Kg



G.T.S LIVING FOODS Kombucha

10% OFF
1.4L

RAW



BALZAC'S Coffee

15% OFF
Assorted



GENUINE TEA Complete Line On Sale

20% OFF
Assorted



WHOLLY VEGGIE Snacks

10% OFF
Assorted



ORGANIC MEADOW Butter

10% OFF
454g



PLANT VEDA Blueberry Lassi

15% OFF
250ml



MADE GOOD COOKIES, CRACKERS & GRANOLA MINIS Assorted

- Certified Organic, vegan, gluten-free with a serving of vegetables hidden in every product!

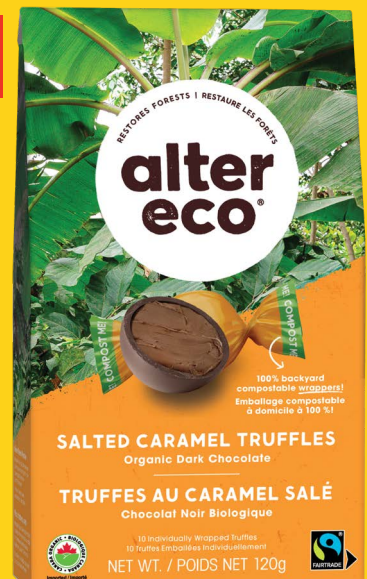
10% OFF



ALTER ECO COMPLETE LINE ON SALE Assorted

- Our products are grown in thriving ecosystems by small-scale, fair-trade farmers.

15% OFF



ENJOY LIFE COMPLETE LINE ON SALE *Assorted*

- Our delicious products are free from gluten and 14 common allergens including dairy, nuts and soy.

10% OFF



TREE ISLAND HEMP YOGURT *350g*

- Delightfully creamy, probiotic plant-based yogurt made with hemp hearts and coconut cream.
- With 6 grams of plant protein per serving, it's perfect nutrition for breakfast or a snack.

10% OFF



GROCERY

ANITA'S Unbleached White Flour

10% OFF

Assorted



LOVE GOOD FATS Bars

10% OFF

4pk



ZAZUBEAN Bars

10% OFF

85g



BEANFIELD'S Chips

10% OFF

156g



NUMI Organic Tea

15% OFF

18CT



QUE PASA Tortilla Chips

10% OFF

300g



OKANAGAN RAWSONE Crisps

15% OFF

145g



BARBARA'S BAKERY Puffs And Puffins

10% OFF

Assorted



VITAMINS AND SUPPLEMENTS

BIOSIL Collagen Generator

10%
OFF

Assorted

- Protects existing collagen.
- Strengthens hair and nails.
- Vegan Collagen Generator.
- Reduces fine lines and wrinkles.
- NEW easy to swallow liquid capsules.
- Generate your own collagen naturally!



SEALICIOUS Fish Oil

10%
OFF

Assorted

- The ONLY fish oil with super-powered astaxanthin.
- NO fishy aftertaste.
- Sugar-free, sweetened with monk fruit.



GARDEN OF LIFE Organic Plant-Based Protein

10%
OFF



Assorted

- Refuels & Repairs Muscles with 30g of complete grain free organic plant-based protein, free from lectins.
- 5.5g of BCAAs per serving. Naturally occurring, never spiked.
- 5g Glutamine & Glutamic Acid.
- Provides Organic Turmeric, Organic Tart Cherries and Antioxidant Polyphenols.
- Provides probiotics during training with 2 Billion CFU B. lactis BL 04.
- Promotes a calm state of mind.
- A formula without pharmaceutical equivalent.



ERGOGENICS 8 Mushroom Blend Beverages

10%
OFF



Assorted

- Unique blend of 8 adaptogenic mushrooms.
- Three flavours: hot chocolate, organic coffee, and matcha.
- Mix one scoop into hot water for a nourishing drink.
- Vegan, gluten-free, and non-GMO.



PVL BCAA

10%
OFF

315g

- 100% Vegan sourced.
- Increase protein synthesis.
- Increase endurance.
- Increase recovery.



FLORA Red Beet Crystals

10%
OFF



Assorted

- Energizing Superfood and Nitric Oxide Booster.
- Excellent for athletes.
- Functional food to support cardiovascular health.
- Highly concentrated organic beet juice in a convenient powder form.



REDMOND Earthpaste

15%
OFF

Assorted

- Brush your teeth the natural way – you'll be amazed how clean your mouth feels!
- Made with nature's perfect high PH tooth polisher.
- No glycerin, no titanium dioxide, no foaming agents, fluoride or colouring.



ITL HEALTH MAG 365 Magnesium

20%
OFF



Assorted

- Multi-award-winning ionic magnesium citrate-based supplements.
- Optimal absorption for real health results.
- Made in small batches by a Canadian, family-owned company.



AOR SAFFRON 60vcap

- Standardized pure saffron extract.
- Natural neurotransmitter booster.
- Supports healthy mood balance.
- Helps manage stress.
- Modulates Homocysteine levels.

10%
OFF



VITAMINS AND SUPPLEMENTS

HEALTHOLOGY Cholesto-Less Whole Line On Sale

- Helps maintain and support cardiovascular health by lowering total blood and LDL (bad) cholesterol and maintaining healthy cholesterol levels.
- Supports overall cardiovascular health with the addition of the powerful antioxidant, ubiquinol (Active CoQ10).
- Having healthy cholesterol levels supports cardiovascular health, helping to prevent life-threatening illnesses such as heart attack and stroke.

10% OFF

60s/gel



SALUS Floravit & Floradix

15% OFF

Assorted



- Clinically proven to raise serum ferritin levels (iron levels) quickly and restore your energy.
- Safe for pregnancy.
- Naturopath and Midwife recommended.

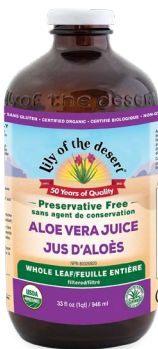


LILY OF THE DESERT Aloe Vera

20% OFF

Assorted

- Juices and gels care for your body from the inside and our beauty line nurtures you on the outside.
- Benefits include: supporting healthy digestion, supporting a healthy immune system, and increasing nutrient absorption.



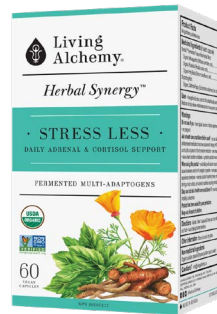
LIVING ALCHEMY Stress Less

15% OFF

Assorted



- Daily adrenal & cortisol support for high stress levels.
- Multiple fermented & activated adaptogens plus California poppy.
- Relieves restlessness, nervousness + optimizes cognitive & nerve function.



SUKIN Complete Line On Sale

10% OFF

Assorted

- Australian made.
- Nourishing botanicals.
- Natural ingredients.
- Cruelty free.



NEW ROOTS Vitamin C⁸ Immune Antioxidant Complex

10% OFF

Assorted

- A vitamin, mineral, and antioxidant supplement for the maintenance of good health.
- Helps in the development and maintenance of bones and teeth.
- Helps to maintain proper muscle function, in tissue formation for healthy skin and immune function.
- Contains digestive enzymes.



NEW ROOTS Vitamin D3 2,500 IU Extra Strength

10% OFF

Assorted

- Helps in the development and maintenance of bones & teeth.
- Helps in the absorption and use of calcium and phosphorus.
- Calcium intake, when combined with sufficient vitamin D, a healthy diet and regular exercise, may reduce the risk of developing osteoporosis.



DESERT ESSENCE Body Care

15% OFF

Assorted



- Committed to harvesting nature's best ingredients and ensuring that our ingredients are responsibly and sustainably sourced and certified.



CANPREV MAGNESIUM

Assorted

- A comprehensive line of magnesium supplements formulated to support your specific health goals.
- From maintaining proper bone, muscle and nerve function, to energy production and quality sleep, magnesium is an essential co-factor for over 800 enzymatic reactions in the body.
- Now that's one busy mineral!

15% OFF

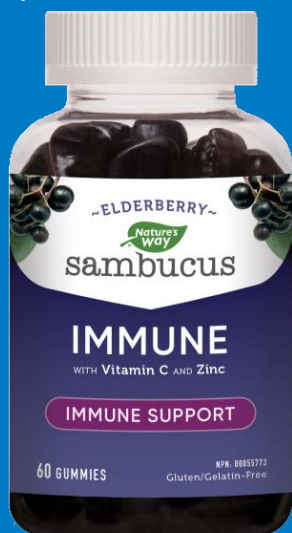


SAMBUCUS IMMUNE SUPPORT GUMMIES

Assorted

- Nature's Way Sambucus Immune Support Gummies have the added benefit of Vitamin C and Zinc.
- These elderberry gummies are traditionally used in Herbal Medicine to help relieve symptoms of colds and flus.

10% OFF



BOTANICA COMPLETE LINE ON SALE

Assorted

- Finely-crafted, organic plant-based supplements.
- Formulated by herbalists, naturopaths & nutritionists.
- Produced in small batches for greatest purity & potency.

20% OFF



VITAMINS AND SUPPLEMENTS

NATURAL FACTORS

SunVitamin D3 2500mg

10% OFF

Assorted

- Helps prevent vitamin D deficiency.
- Helps reduce the risk of developing osteoporosis when combined with adequate calcium, a healthy diet, and regular exercise.
- Aids in the normal development and maintenance of bones and teeth.
- Supports healthy immune system function.



NATURAL FACTORS

Ubiquinol Active CoQ10

10% OFF

Assorted

- Greater absorption than conventional ubiquinone CoQ10.
- Helps restore serum ubiquinol levels that decline rapidly after age 40.
- Provides sustained, natural energy to fight age-related fatigue.
- Supports vital organ function.
- Reduces the risk of cardiovascular disease.
- Provides antioxidant protection against free radical damage.
- Improves mental sharpness.



NATURAL FACTORS

Vitamin K2

10% OFF

Assorted

- Helps in the normal development and maintenance of bones and teeth.
- Helps guide calcium into bones.
- Inhibits the calcification of arteries and other soft tissues.
- Provides double-action support for bone and vascular health.
- Ideal to use alongside calcium and vitamin D supplementation.



PURICA

Recovery 3.0

15% OFF

120cap



- Rapid inflammation relief & healing.
- A powerful antioxidant, anti-inflammatory and immunity optimizer.
- Supports joint health and proper muscle function, including the heart.



PURICA

Probiotic Intensive GI

15% OFF

30cap



- Clinically verified targeted Human Strains for gut discomfort and IBS.
- Rapid and significant improvement in quality of life scores.



ORGANIKA

Blood Sugar Control

15% OFF

120cap



- A synergistic combination of bitter melon and chromium to control blood sugar.



WEDDERSPOON

Manuka Honey Products

15% OFF

Assorted

- Unpasteurised, raw and delicious, this Non-GMO Project verified multitasking superfood is packed and sourced exclusively from New Zealand.



SUKU

Gummies

20% OFF

Assorted

- Canadian made and at 2 gummies/day, SUKU gummies are the best tasting, sugar-free, plant-based gummy on the market!



Prairie Naturals Quercetin

10% OFF

60 & 120vcap



- Boost immunity.
- Support cardio health.
- Reduce inflammation.

Nutrastart NutriKrill

15% OFF

Assorted

- 100% pure, eco-harvested antarctic krill oil - with 5 times the absorbency of fish oil.
- It is the ultimate source of Omega-3, EPA, DHA and is a powerful antioxidant.
- Great for heart health, concentration, and mood support - among many other excellent benefits!



ENZYMEDICA Enzymes

15% OFF

Assorted



- Enzymedica enzymes work through the entire pH spectrum in the digestive tract with Thera-blend™, providing more energy, superior results and less food sensitivities.



PROVITA Complete Line On Sale

15% OFF

Assorted



- Harness the power of Orthomolecular medicine with Provita supplements!



ROUTINE Complete Line On sale

10% OFF



Assorted

- Female owned & operated.
- Made in Canada.
- Clean & natural ingredients.
- Formulated with charcoal, magnesium and prebiotics.



NATURTINT Hair Colour

15% OFF

Assorted

- Plant enriched products, created to achieve long lasting hair color.
- Minimal chemical ingredients.
- Cruelty free & vegan.



THERANEEM Mint Toothpaste

15% OFF



- Neem twigs have been traditionally used in Ayurveda for oral hygiene.
- Our toothpaste contains calcium carbonate and silica, both are gentle abrasive cleaners.
- They will not damage the enamel and do help polish and whiten the teeth.
- Paraben free – SLS Free – Gluten Free – Fluoride Free Safe for children, diabetics and vegetarians.



ELDERBERRY GROVE Organic Elderberry Juice

10% OFF



250ml

- Potent with over 3/4 lb of elderberries.
- Grown fresh in Salmon Arm, BC.
- So good, sip by the spoonful + mix in sparkling water.



SUPER SATURDAY

15% OFF STOREWIDE!

DEMOS! SAMPLES! GIFT BASKET DRAWS!

FEBRUARY 4TH