

Pomme

NATURAL MARKET



PURICA
Lion's Mane
60Cap & 120Cap

20% OFF

GLUTEN
FREE



VEGAN

ORGANIKA
Chocolate Collagen
504g

25% OFF



LEAN FIT
Complete Line On Sale
Assorted

30% OFF

ACROPOLIS
Organic Extra Virgin Olive Oil
500ml

30% OFF



VEGAN

RAW



HAPPY PLANET
Complete Line On Sale

Assorted

20% OFF

ORGANIC



LE GRAND
Yogurt
Assorted

20% OFF

ORGANIC



VEGAN



7
PAGES OF
SAVINGS!

WWW.POMMENATURALMARKET.COM

PORT COQUITLAM
2755 LOUGHEED HWY
OPEN 8AM - 10PM 7 DAYS A WEEK
(604) 475-2505

NANAIMO
6560 METRAL DRIVE
OPEN 8:30AM - 8PM 7 DAYS A WEEK
(250) 390-1955

**OFFERS VALID
MARCH 2ND -
29TH 2023**
*ITEMS MAY NOT BE AVAILABLE
AT ALL LOCATIONS.
PRICES MAY VARY

GROCERY

RAINCOAST TRADING CO.

Wild Skipjack Tuna

10% OFF

142g



ANNIE'S HOMEGROWN

Vegan Mac & Cheese

10% OFF

Assorted



NATURE'S PATH

Waffles

10% OFF

Assorted



SPLENDOR GARDEN

Seasonings

10% OFF

Assorted



PRASAD AYURVEDA

Ghee

10% OFF

Assorted



ELMHURST

Plant-Based Milks

10% OFF

Assorted



LILY'S SWEETS COMPLETE LINE ON SALE

Assorted

- Delicious, no-sugar-added chocolate.
- It's the great tasting, better-for-you chocolate that we know you will love.

15% OFF



KIND

Bars

10% OFF

Assorted



BOB'S RED MILL

Almond Flour

15% OFF

Assorted



GROCERY

AMY'S KITCHEN Soups

10% OFF

398ml



NUTS TO YOU Nut Butters

15% OFF

Selected



TREE ISLAND Yogurt

15% OFF

325g - 350g



GREENHOUSE Probiotic Lemonade

10% OFF

300ml



BIOITALIA Pasta Sauce

20% OFF

Assorted



ELAN Snacks

15% OFF

Assorted



SAVOR Cookies & Crackers

15% OFF

Assorted



COCONUT SECRET Soy Sauce Substitute

15% OFF

327ml



TRADITIONAL MEDICINALS HERBAL TEAS

16CT

- We believe that medicinal plants hold power to create change.
- We validate this belief by sourcing quality herbs and blending teas that have an ethical, positive impact on people and planet.
- With your support, we continue to expand the reach of authentic and effective herbal remedies.

10% OFF



GOOD TO GO COMPLETE LINE ON SALE

Assorted

- A keto-friendly healthy snack.
- Low NET carbs and low sugar, yet highly delicious and satisfying!

20% OFF



EARTH'S OWN OATS BEVERAGES

Assorted

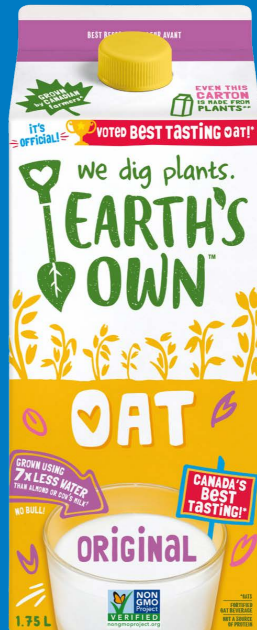
- Perfect any time of day.
- Nutritious and delicious!

15% OFF



ORGANIC

VEGAN



HOLY NAPOLI PIZZAS

Assorted

- Pizza lovers, rejoice! Holy Napoli's authentic Neapolitan-style pizzas are made using traditional methods and fresh ingredients.
- They're handmade and truly restaurant quality.

15% OFF



MARGHERITA
Tomato sauce, fresh basil,
fresh mozzarella, olive oil.
Sauce tomate, basilic frais,
mozzarella frais, huile d'olive.



TOMATOES
SANT MARZANO
TOMATOES

FARINHE
"00"
FLOUR

PRE-COOKED BY
500

365g
NET WT

GROCERY

MARY'S ORGANIC Crackers

10% OFF

Assorted



HARMLESS HARVEST Premium Coconut Water & Smoothie

20% OFF

Assorted



SAFE CATCH Complete Line On Sale

15% OFF

Assorted



EVIVE Smoothie Cubes

10% OFF

405g



KOUKLA DELIGHTS Coconut Bites

10% OFF

150g



ROLLING MEADOW Grass-Fed Milk

10% OFF

2L



BREMNER'S Frozen Fruit

10% OFF

600g



PACIFIC FOODS Broth

10% OFF

946ml-1L



VITAMINS AND SUPPLEMENTS

HOST DEFENSE Organic Mushrooms

20% OFF



Assorted

- Certified organic, US grown, non-GMO medicinal mushrooms.
- Formulated and grown by world renowned mycologist Paul Stamets.



ULTIMATE Complete Line On Sale

10% OFF

Assorted

- Ultimate Performance with Tongkat Ali is an aphrodisiac formula for men and women with naturally sourced ingredients.
- It combines epimedium extract, used in herbal medicine as an aphrodisiac, along with tongkat ali, damiana powder, niacin, zinc, and BioPerine® black pepper extract, for a comprehensive approach to maintaining a healthy libido.



GARDEN OF LIFE RAW Organic Perfect Superfood

10% OFF



Assorted

- 6 x more concentrated than whole leaf grass powder, giving you the most greens per serving possible.
- Packed with 40 nutrient-dense greens, sprouts, fruits, and veggies.
- Greens harvested before the grain buds to prevent gluten from forming, then juiced immediately to prevent oxidation.



CANPREV Zinc

10% OFF



Assorted

- Zinc Bis.Glycinate 25 helps to maintain immune function.



ERGOGENICS Adventure Greens

10% OFF

Assorted

- A convenient and delicious way to fuel your body with nutrient-dense superfoods.
- Packed with vitamins, minerals, and antioxidants, this plant-based product supports optimal health and vitality.
- Simply mix with water or your favourite beverage and get ready to conquer your next adventure.



PVL Ultimate Daily Cleanse

10% OFF



Assorted

- Digestive health support.
- 14g of fibre.
- 6.5g of EFAs.
- Low FODMAP - gut friendly.
- Soy, dairy & wheat free ingredients.
- Probiotic fortified.



EFAMOL Beautiful Skin

10% OFF



90Cap

- Beautiful skin doesn't come from creams, lotions or serums. It starts inside, with what you put in your body.
- If you want skin that's positively glowy, moisturize from the inside out with Efamol® Beautiful-Skin Evening Primrose Oil.



MSPREBIOTIC Prebiotic Resistant Starch

20% OFF

200g & 454g



- Clinically proven to increase good bacteria in the gut.
- Improves many kinds of digestive issues quickly.



ORGANIKA CHOCOLATE COLLAGEN

504g

- A decadent, smooth and creamy beverage made with real cocoa and 0g of sugar.
- Indulge and satisfy your chocolate cravings with a better-for-you treat that goes the extra mile, supporting gut health and weight management, while keeping your sweet tooth at bay!

25% OFF



PROGRESSIVE COMPLETE LINE ON SALE

Assorted

- Wellness doesn't happen in a single day or a single workout.
- It's a journey made up of a series of steps, where every healthy choice you make is a step.
- We promise to help make all of those choices easy by providing a comprehensive, natural line of products for every stage of life.
- Products that have been scientifically-researched, taste good, and really work.
- Products you can trust.

10% OFF



SMART SOLUTIONS COMPLETE LINE ON SALE

Assorted

- Smart Solutions has been a leader in women's health, empowering them to reach their optimal wellness for over 10 years.
- This line of natural supplements provides effective solutions to common health concerns including hormone imbalance, nutrient deficiencies, weight management, sleep issues, stress, and more.

10% OFF



VITAMINS AND SUPPLEMENTS

HEALTHOLOGY Sleep Great

10% OFF



30-60Cap

- A complete formulation that helps you fall asleep quickly, stay asleep and achieve deep, restful sleep.
- Works by enhancing the body's natural sleep hormone pattern so that you enter all five stages of a healthy sleep.
- Non-habit forming.



HEALTHOLOGY Liv Great

10% OFF



60Cap

- Provides the liver with daily support by boosting its detox capacity, helping protect it from damage.
- Supports both Phase 1 and Phase 2 liver detoxification.
- Contains powerful antioxidants to protect and heal the liver from damage.



HARMONIC ARTS Mushrooms

15% OFF



Assorted

- Our mushroom capsules stand apart.
- Sustainably grown fruiting body mushrooms.
- Organic ingredients.
- Potent extract ratios.
- >30% polysaccharide content.
- Made with vegan, gluten-free capsules.
- Convenient to add to your wellness routine.



NATURE'S WAY Arthritis Omega-3

10% OFF

473ml

- NutraSea Arthritis Omega-3 delivers a dose of 2,800 mg of EPA+DHA specifically formulated to help reduce the pain of rheumatoid arthritis in adults in conjunction with conventional therapy.

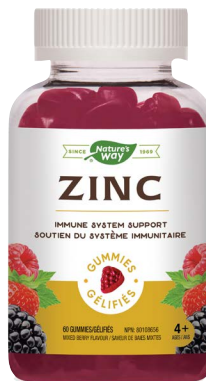


NATURE'S WAY Zinc Gummies

10% OFF

60Gum

- Help to maintain & support immune function.
- These delicious mixed berry flavour gummies are a factor in the maintenance of good health, and are 100% vegetarian.



NEW ROOTS Magnesium Bisglycinate

10% OFF

Assorted

- Pure and fully reacted magnesium bisglycinate.
- Most bioavailable form of magnesium.
- Gentle on the stomach.
- Does not cause any side effects.



NEW ROOTS Clarity Magnesium

10% OFF

90Cap

- This unique magnesium compound was tested at MIT and found effective for magnesium loading in brain cells.
- Helps maintain normal electrolyte balance, which is crucial for contractile function of muscles, especially the heart.



PRAIRIE NATURALS Liquid B Complex

10% OFF



500ml

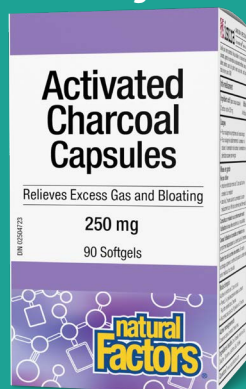
- Nurtures normal growth & tissue formation.
- Reduces risk of heart disease & stroke.
- Supports adrenal function.
- Combats depression.



Natural Factors Activated Charcoal

10% OFF

90sgel



- A premium charcoal formula used to relieve the symptoms of excess gas.
- Taken after meals to relieve bloating, pressure, pain, fullness, and stuffed feeling due to gas.
- The softgel format makes activated charcoal convenient and easy for adults and children 12 years and over to take.

AOR L-Glutamine Powder

10% OFF

450g



- Supports immunity, gut health & muscle repair after exercise.
- An amino acid that is vital in stress and illness.
- Helps heal the gut lining.
- Essential for muscle building, preserving nitrogen balance and immunity.
- Available in both capsule and powder form in an effective dosage.

GLUTEN FREE

VEGAN

PLATINUM NATURALS Complete Line On Sale

10% OFF

Assorted

- Much more than a multivitamin, Activ-X features essential vitamins, minerals, antioxidants, omega oils and adaptogens to increase staying power.
- Helps speed recovery time, safely increase performance, and naturally fights stress in our award-winning delivery system which allows bodies to absorb the nutrients it needs to improve health and achieve wellness goals.



PURICA Menopause Relief

20% OFF

60 & 120Cap



- Hormone rebalance.
- Clinically proven results within 7 days.
- Up to 6x faster than conventional formulations.
- Halts hot flashes and night sweats.



HOMEOCAN Traumacare

15% OFF

Assorted

- Traumacare is made up of a combination of botanical and mineral substances.
- These ingredients are synergistic to help quickly regulate inflammation, relieve pain and speed up the healing process.



SANTEVIA Complete Line On Sale

15% OFF

Assorted

- Santevia creates healthy, filtered and mineralized water for the whole family!



A.VOGEL Sore Throat Spray

25% OFF

30ml

- Fresh, organically grown herb tincture.
- Quickly relieves throat pain and inflammation.
- Antibacterial effect.
- Long nozzle directly targets affected area.
- Treats pharyngitis, tonsillitis and hoarseness.
- Clinically proven.
- Lactose and Cruelty-free.



BULLETPROOF Complete Line On Sale

15% OFF

Assorted

- Welcome to being Bulletproof, the state of high performance where your body, mind, and nervous system work together effortlessly to help you perform at levels beyond what you'd expect.



MARCH
11TH!

IT'S OUR BIRTHDAY!

10% OFF STOREWIDE

★ SAMPLES ★ DEMOS ★ GIFT BASKET DRAWS

